



## We're here for parents when they need us most

Home-Start's volunteers work alongside families to give compassionate and confidential support, tailored to each family.

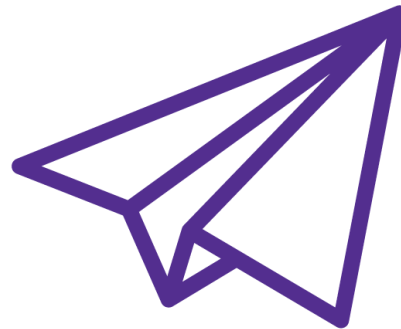
Our volunteers are trained and given expert support from our Family Services Team.



To **donate** and support our work, simply scan the QR code with your phone's camera.

We help families from all communities within our boroughs through their most challenging times.

To find out more about Home-Start Barnet, Brent, Enfield and Harrow visit [www.homestartbarnet.org](http://www.homestartbarnet.org)



**HOME  
START**

**Barnet, Brent,  
Enfield & Harrow**

Charity no. 1109550

Stephens House, 17 East End Road,  
FINCHLEY, N3 3QE



## Because childhood can't wait

The earliest years make the biggest impact. Home-Start makes sure those years count so that no child's future is limited.

**HOME  
START**

**Barnet, Brent,  
Enfield & Harrow**



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## Working alongside families

Life-changing events can happen to anyone. All parents struggle at one time or another. That is why Home-Start Barnet, Brent, Enfield and Harrow is ready to support families through their toughest times.

Home-Start volunteers support families with individual one-to-one home-visiting and a wide range of targeted support for parents and their children.

We work with families experiencing challenges including:

- Poor mental or physical health
- Postnatal depression
- Bereavement
- Financial worries

Just two to three hours a week can make a big difference to a parent and their children.

We work with families to build on their strengths and give them the support they tell us they need.

## Local services

We work with families in a range of ways, and use the approach they think will give them the best support. This includes:

- Home-visiting support
- Family groups
- Counselling support
- Financial literacy support

All our services are based around the principle that volunteers offer no judgement, just compassionate, confidential help and support.

**“I would like to say a big thank you for being so open hearted and generous. Your continued support means a lot for me and my family.”**

Maryam\*, mother who worked with Home-Start Barnet, Brent, Enfield and Harrow

## How to work with us

If you are working in a professional capacity with a family and would like to refer them to us, please visit the "Refer someone else" page on our website.

If you would like to refer yourself to our services, please visit the "Refer yourself" page on our site. We welcome self-referrals and one of our Family Services Team will be in touch with you to discuss how we can best support you and your family.



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**To read more and contact us:**



**[homestartbarnet.org](https://homestartbarnet.org)**