

Dear Parents and Carers,

Thank you to those who attended our PSHE workshop today. For those who did not attend, please see below information regarding PSHE at Whitchurch Primary School.

At Whitchurch Primary School and Nursery we promote personal development and well-being through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education provides children with the knowledge and understanding to develop attitudes and the practical skills to live safe, healthy and productive lives, and to achieve their full potential.

PSHE education is taught throughout the School in every year group. All PSHE teaching takes place in a safe learning environment where pupils have opportunities to ask questions and is underpinned by our School's ethos and values.

At Whitchurch we follow the comprehensive JIGSAW scheme which covers all of the statutory requirements over 6 units, each one taught over a half term. The specific units of work are:

- Being me in my world
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

As part of the new statutory curriculum your child's class has been taking part in lessons which will focus on **Relationships Education** and **Physical Health and Mental Well-being**.

Our School's **Relationship, Reproduction and Health Education (RRHE) policy** is in line with the new curriculum changes and as usual, parents will be invited to discuss the 'Changing Me' topic that will be taught over the next few weeks.

As a school community, we are committed to working in partnership with parents and we therefore offer opportunities to invite all parents to information meetings to find out more about the new statutory curriculum and what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home.

A couple of key facts from the DfE guidance are copied here to help answer any initial concerns you may have on the new statutory requirements:

What must primary schools teach in Relationships Education, Health Education and Sex Education?

From September 2020, Relationships and Health Education are compulsory in all primary schools in England. For primary aged children this includes curriculum content under two headings (DfE 2019):

1. Relationships Education

- *Families and people who care for me*
- *Caring friendships*
- *Respectful relationships*
- *Online Relationships*
- *Being Safe*

2. Health Education

- *Mental well-being*
- *Internet safety and harms*
- *Physical health and fitness*
- *Healthy eating*

- *Drugs alcohol and tobacco*
- *Health and prevention*
- *Basic first aid*
- *Changing adolescent body*

This DfE guidance clearly states the statutory requirements, i.e. what children MUST be taught by the end of primary school. Health Education includes learning about 'the changing adolescent body' to equip children to understand and cope with puberty.

The National Curriculum for Science (also a compulsory subject), includes learning the correct names for the main external body parts, learning about the human body as it grows from birth to old age and reproduction in some plants and animals. (which could include human beings).

It is up to primary schools to determine what is meant by 'Sex Education'. At Whitchurch it is agreed we will teach 'reproduction' within our Science curriculum but not 'Sex Education'. The compulsory Relationship and Health Education will be taught within the PSHE curriculum outlined above.

At Whitchurch, we follow the JIGSAW scheme which is a mindful approach to PSHE which covers all statutory requirements within a whole-school PSHE Programme, spiralling the learning in an age-appropriate way and adopting a whole-school approach for ages 3-16. This essentially means that information is being drip-fed age and stage appropriately.

The attached documents should provide further information about the JIGSAW scheme and the new statutory changes, as well as what your child will be learning about in each year. Please do not hesitate to contact me or any member of the Senior Leadership Team should you have any further questions

Yours sincerely,

Miss O Levy

PSHE Lead