

Parent Workshops and Family Learning 2016:
Health Eating & Medicines

Led by Denis Feegrade–Pride Catering school chef and Selina Donoghue – Pride Catering supervisor. Catherine Buckland qualified nurse and school Welfare assistant

School liaison- Mrs Rafferty -Deputy Head –Family learning EYFS

Date	Themes	No. Attended	Evaluation comments from parents
22 nd June 2016 2-3 pm	Healthy Eating & Medicines <ul style="list-style-type: none"> ➤ Creating awareness of minor illnesses ➤ Importance of good hygiene and hand washing ➤ Schools policy on children's illnesses and medicines ➤ Healthy eating and food options. 	9	<ul style="list-style-type: none"> • Knowing about school dinners • Would like even more knowledge about kid's diseases, illnesses and cures. Tips and importance of multi vitamins. • Healthy eating options • Good information given out • Hygiene information –more sessions please! • Parents awareness on health & safety at home – excellent information • School policies discussed • Refreshing knowledge on First Aid basics and plenty of useful leaflets • More workshops and information on different contagious diseases in children. <p>Summary</p> <p>This is an annual workshop mainly targeting our new parents in EYFS. The parents were pleased about the information delivered on our school meals, health eating options and staying healthy. Practical information was given e.g. explaining the portion size and dinner tray for pupils. Six parents purchased the meningitis pack, which was sold at £1.50.</p>