# FREE ONLINE PARENTING PROGRAMME





## **WORKING IN PARTNERSHIP**

with Harrow Council

#### 10 WEEKLY INTERACTIVE SESSIONS WITH EXPERT PARENT COACHES

This 10 session weekly course helps parents of children 4-12 years old by offering many positive, practical and fun ways of guiding children so they can manage their feelings and behaviour. Based on the four core principles of self-reflection, positive discipline, empathy and appropriate expectations, the

course helps parents to focus on understanding your own child's emotional needs and build good communication and practical strategies to manage behaviour

### Please email us at

M info@thefamilylearninghub.com

to book your place now! limited spaces

LEARN:

VENUE
ZOOM ONLINE
APRIL 23RD 2024

### **STARTING**

9.45am - 11.45am

Plus 30mins Q&A