# Allergen Report

Generated: 25/03/2025

Menu: Whitchurch - Week 3



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 🖐 Modifier

#### Main Meals Cereal Containing Gluten Soya and Soya Products Celery and Celeriac Macadamia Nuts Gluten (Wheat) Gluten (Barley) Pistachio Nuts Sesame Seeds Gluten (Oats) Cashew Nuts Gluten (Rye) Crustaceans Pecan Nuts Other Nuts **Brazil Nuts Hazel Nuts** Tree Nuts Sulphites Molluscs Peanuts Walnuts Almonds Mustard Eggs Roast Chicken - BPM BBQ Chicken & Sweetcorn Pizza Lamb Chilli Sticky Honey Chicken -Halal Salmon Fish Cake

## Vegetarian Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Cheese & Tomato Pizza 🥭		~		~																			<b>~</b>				
Veggie Mince Chilli (VG/GF)																					~						
Sticky Honey Tofu 🥒		~		~																	~						
Lentil & Pepper Roulade 🥒		<b>~</b>		~																	?		~		?	?	
Cheese & Tomato Quiche		~		~													~				?		<b>~</b>				

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Homemade Bread 🥒		~		~													?				<b>~</b>		<b>~</b>				
50/50 Rice <b>Ø</b>																											
Roast Potatoes (VG) Ø																											~
Chips (VG)																											
Green Beans (VG) Ø																											
Carrots (half portion) (VG/GF)																											
Baked Beans (VG/GF) Ø																											
Cauliflower (half portion) (VG)																											
Gravy (VG) 💋																											
Diced Potatoes (VG) Ø																											
Peas (VG) Ø																											
Noodles @		~		~													~										
Broccoli (VG/GF) Ø																											

## Third Option

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jacket Potato (VG/GF/DF)																											
Jacket Potato Grated Cheese Topping <i>₹</i>																							~				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																											
Jacket Potato Baked Beans Topping (VG/GF/DF) Ø																											
Jacket Potato Tuna Mayo Topping																	~	~									
Side Salad (VG/GF/DF)																											
Twisty Pasta with Tomato Sauce (VG) Ø		~		~																							

#### Desserts

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Banana Bread / Traybake 🥭		<b>~</b>		<b>~</b>													<b>~</b>				?						
Raspberry Jelly (VG) Ø																											
Jam Sponge <i>₹</i>		<b>~</b>		<b>~</b>													<b>~</b>				?						
Chocolate Ice Cream 🥭																					~		~				
Strawberry Yogurt @	?	?		?													?				?		~				?
Tropical Fruit Salad (VG) Ø																											~