

WHITCHURCH PRIMARY MENU

KEY
(VE)- VEGAN
(V)- VEGETARIAN

AVAILABLE DAILY
FRESH SALAD BAR/FRESHLY
BAKED BREAD/YOGHURT

WEEK ONE

1/9, 22/9, 13/10, 10/11, 1/12

MONDAY MAINS

Chicken Hot Dog,
with Potato Wedges & Garden Peas
Grilled Cheese Sub,
with Potato Wedges & Garden Peas (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Fruity Flapjack (Ve)

DESSERT

TUESDAY MAINS

Turkey Tikka Curry,
with 50/50 Rice & Green Beans
Sweet Potato, Chickpea & Tofu Curry,
with 50/50 Rice & Green Beans (V) (Ve)
Pasta & Tomato Sauce (Ve)
Tropical Fruit Salad (Ve)

DESSERT

WEDNESDAY MAINS

Lamb Bolognese,
with Pasta & Broccoli
Vegetarian Meatballs in Tomato Sauce,
with Pasta & Broccoli (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Strawberry Jelly (Ve)

DESSERT

THURSDAY MAINS

Chicken Shawarma Wraps,
with Cous Cous & Sweetcorn
Falafel Wraps, with Cous Cous & Sweetcorn (V) (Ve)
Pasta & Tomato Sauce (Ve)
Apple Sponge Cake (V)

DESSERT

FRIDAY MAINS

Fish Fingers, with Chips & Baked Beans or Peas
Cheese & Onion Lattice, with Chips,
Peas or Baked Beans (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Strawberry Ice Cream (V)

DESSERT

WEEK TWO

8/9, 29/9, 20/10, 17/11, 8/12

Chicken Burger, with Jacket Wedges
& Corn on the Cob
Vegetable Burger, with Jacket Wedges
& Corn on the Cob (V)
Pasta & Tomato Sauce (Ve)
Cornflake Cake (Ve) (V)

Tuna Pasta Bake, with Garlic Bread & Broccoli
Macaroni & Cheese,
with Garlic Bread & Broccoli (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Tropical Fruit Salad (Ve) (V)

Chicken Sausage & Mash,
with Gravy, Peas & Carrots
Vegan Sausage & Mash,
with Gravy, Peas & Carrots (V) (Ve)
Pasta & Tomato Sauce (Ve)
Raspberry Mousse (V)

Peri Peri Chicken, with Rainbow Rice
& Green Beans
Peri Peri Quorn, with Rainbow Rice
& Green Beans (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Pineapple Sponge (V)

Whitchurch Brunch Lunch, Chicken Sausage,
Hash Brown, Omelette, Baked Beans & Tomato
Vegetarian Brunch Lunch, Vegan Sausage, Omelette,
Hash Brown, Baked Beans & Tomato (V)
Pasta & Tomato Sauce (Ve)
Vanilla Ice Cream (V)

WEEK THREE

15/9, 6/10, 3/11, 24/11, 15/12

Cajun Chicken Pizza,
with Diced Potatoes & Peas
Margherita Pizza, with Diced Potatoes & Peas (V)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Apple & Raspberry Crumble
with Custard (V)

Mild Lamb Chilli,
with 50/50 Rice & Green Beans
Vegan Mince Chilli,
with 50/50 Rice & Green Beans (V) (Ve)
Pasta & Tomato Sauce (Ve)
Tropical Fruit Salad (Ve)

Roast Chicken with Gravy, Roast Potatoes,
Carrots & Cauliflower
Lentil Hot Pot, with Roast Potatoes,
Carrots & Cauliflower (V) (Ve)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Orange Mandarin Jelly (Ve)

Turkey Biryani, with
Naan Bread & Broccoli
Quorn Biryani, with
Naan Bread & Broccoli (V)
Pasta & Tomato Sauce (Ve)
Vanilla Sponge (V)

Battered Fish, with
Chips & Baked Beans or Peas
Vegetable Nuggets, with
Chips & Baked Beans or Peas (V) (Ve)
Jacket Potato with Cheese, Baked Beans (Ve)
or Tuna Mayo with Side Salad
Chocolate Ice Cream (V)

