

JOIN IN ON OUR

10 weekly interactive sessions with expert parent coaches

VENUE: ONLINE



Boost self-esteem:Help your child build a positive image

Foster Independence:Encourage your child to become self reliant and confident

Build responsibility:Teach your child to take ownerships of their actions and decisions

## Why Attend?

• Positive Discipline Techniques: Learn effective strategies for managing behavior.

 Stress Management: Gain tools to handle stress and emotions.

 Enhanced Family Dynamics: Create a harmonious and supportive home environment.

## REGISTER NOW! ONLINE 23 SEPTEMBER 9.45am-12.15pm

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LEARN:

WORKING IN PARTNERSHIP WITH HARROW COUNCIL

