

On-line Workshop

# Sibling Rivalry

A workshop for parents with children aged 3-18

**Date:** Monday 20th October 2025

**Time:** 7.00 - 9.00pm

**Venue:** On-line via ZOOM

**Cost:** £14.00/£5.00 concession (with proof)

**Price is per parent/carer living in London**



To enrol please visit  
[www.learnharrow.ac.uk](http://www.learnharrow.ac.uk)  
Courses/ Parenting and Family Learning



0208 863 7319 or 07498881496



[info@hopeharrow.org.uk](mailto:info@hopeharrow.org.uk)



[www.hopeharrow.org.uk](http://www.hopeharrow.org.uk)

Charity Registration Number: 1091703

# HOPE

Helping Families to Live and Learn Together

**Objective:** To provide parents with the tools and strategies they need to manage sibling rivalry and promote positive sibling relationships in their home.

## Content

- Look at sibling rivalry and its impact on family dynamics.
- Discuss common causes of sibling rivalry and the effects it can have on children.
- \* Discuss the importance of understanding each child's personality and needs.
- Identify ways to promote positive sibling relationships and foster cooperation.
- \* Learn strategies for recognising and addressing the root causes of sibling rivalry.

