



## Whitchurch Weekly

School News

7th October  
Issue 45

Dear Whitchurch Families,

It's been another extremely busy week at Whitchurch with the Year 3 trip to Kenton Temple, Reading workshops for parents and two more fabulous class assemblies. Well done to 2GH and 6SC; I thought the children spoke so articulately in their assemblies and I loved looking at their books - please do check out the class assembly schedule to make sure you don't miss out. Next week we have our Maths parents workshops on Tuesday and Thursday to help demystify the language and strategies we use here in school; it would be lovely to see you all. We have published the Reading workshop presentations in the English section of our website in case you missed the workshops and will be posting the Maths workshop presentations at the end of next week in the Maths section.

This week we have also had two workshops for parents which we co-hosted with Harrow School's Counselling Partnership. Our resident therapeutic lead Tom supports staff, children and parents to work through any anxieties or worries. If you feel you need support with anything at all please do reach out to us - we are always here for you; the service Tom offers is completely confidential. Last week I announced the start of our October Food Bank and just wanted to remind you to hunt through your cupboards at home and see if you have anything to donate to the food bank. We are collecting all through October and would welcome any donations however small; like I said last week if we all give a little it could help a lot.



Our International Evening is due to take place next Thursday and tickets are albeit sold out. This is a really lovely relaxed event aimed at bringing the community together - celebrating our cultural richness, sharing great food and having fun. I really look forward to seeing many of you there on Thursday evening. Please remember to bring food to share and cash to purchase drinks.



Finally after half term we are starting English classes for parents every Wednesday afternoon for six weeks. We are doing this in collaboration with Stanmore College, offering a certificated course which will focus on speaking, reading and writing English. Please contact Mrs Chikhliya if you are interested (her email address is at the end of this newsletter).



Wishing you all a lovely weekend – I hope you manage to spend time together and relax.

**Mrs Caroline Rowley**  
Headteacher

International  
Evening next  
Thursday

1ST and 4BS  
class assemblies  
next week

Learners  
today, leaders  
tomorrow



## Dates for your Diary

Tuesday 11th October	Years 1-3 Maths Workshop - including TT Rockstars and Mathletics Induction (9am-10.30am)
Thursday 13th October	Years 4-6 Maths Workshop (9am-10.30am) International Evening (6pm)
17th to 20th October	Maths Week
Monday 17th October	Flu Vaccination (Reception to Year 6)
Tuesday 18th and Wednesday 19th October	Autumn Parents' Evenings (3.30pm-6.30pm)
Thursday 20th October	Maths Dress-up Day

Maths  
Workshops  
11th and 13th  
October

## Autumn 1 Class Assemblies

Parents should arrive 5 mins before the assembly starts

**Infant Class  
Assemblies**  
Tuesdays  
9.05am

11th October - 1ST  
18th October - 2LJ

**Junior Class  
Assemblies**  
Wednesdays  
10.15am

12th October - 4BS  
19th October - 5CM

Come back  
to class after the  
assembly to take  
a look at your  
child's books

# STARS of the Week



Well done to our stars of the week, who have been selected for excellent work and demonstrating our school values

## This week's Infant Stars

**1ST** Anaya

**1DS** Bo

**1MT** Daria

**1SM** Isla

**2GH** Lara

**2LJ** Malak

**2KB** Fedor

**2KD** Idris

**3NL** Ella

**3MS** Anaya & Aahaan

**3TG** Ella

**3SA** Sahil

Respect  
Responsibility  
Resilience  
Honesty  
Generosity  
Aspiration

**4EH** Maanya

**4SK** Kian

**4CA** Hawa

**4BS** Mbarak

**5CM** Anaya

**5KP** Guilia

**5HH** Abu

**5DA** Josh

**6AS** Corneliu

**6SC** Anaya

**6TM** Heta

**6OL** Irfan

## This week's Junior Stars



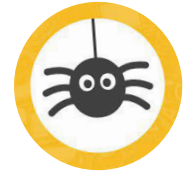
Special congratulations to Olivia in Year 5, who had the amazing opportunity to interview the cast of the new film Matilda at the BFI London Film Festival (representing Brownies).

## Notices



### Parents' Evening

**Tuesday 18th and Wednesday 19th October (3.30-6.30pm)**



Appointment bookings will open via School Spider at 10am on Monday 10th October and close on Sunday 16th October at midnight.

This is an invaluable opportunity to have that first meeting with your child's class teacher - remember to bring your child with you as we will be setting targets and expectations for the year. Friends of Whitchurch will be on hand to sell refreshments and we will have an exhibition of Maths Week work.

### Maths Week

**Monday 17th to Thursday 20th October**

For homework this week we are setting a 'Talk Topic', which basically means we are giving the children something to chat with you about at home. They have to decide their favourite number and why (it might be the number 7 for Cristiano Ronaldo's shirt, your favourite bus route 340 or the Chinese lucky number 4). When they come to school on Monday they will design a poster about their favourite number and hear about their teacher's favourite numbers. On Thursday 20th October (the last day of half term) we have non-uniform day and children can come to school dressed in their favourite number!



### Physical Education

Just like English and Maths, Physical Education is a National Curriculum subject and all children are expected to fully participate. Please make sure your child is wearing kit or bringing swimming kit on the correct days.



## Notices



### Religious and Spiritual Ornaments

A number of parents have asked about the wearing of spiritual/religious ornaments around the neck. Clearly this does cause me some anxiety in terms of safety during PE lessons; however I absolutely appreciate the cultural and spiritual importance.

We will permit necklaces such as Kanthi as long as they are threaded with thin thread that would snap if it got caught, is tucked under clothing and on PE days is carefully taped to the chest to stop it swinging round. I hope this clarifies.

### Looking After Whitchurch Staff

All the staff at Whitchurch are here to help you and your children; our priority is to keep children safe, happy and learning. I will not tolerate parents/adults being rude to my staff and would remind parents as adults we act as role models to our children - they see and hear everything.

### Car Parking

Sadly some parents are still bumping up on the pavements and blocking safe walking routes for children. There is plenty of space at the back of the car park and I would remind parents to consider the safety of children when you are parking your car. I have managed to negotiate with Avanti School for them to open the overflow car park (this just on left as you come into the main car park) - there really is no need for anyone to park dangerously.



### Vaping

Parents should not be vaping in the school playground when collecting their children. Thank you for your support.







## Year Group Highlights

### Reception



### Community Walk

This week the Reception children have enjoyed their walks around the local community. They went out in small groups to look around the area and were excited and very observant too!

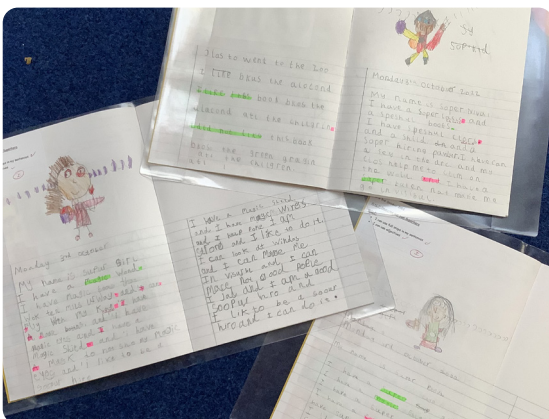
They each had a camera and were skilled in taking great pictures of things that interested them. Items included natural materials such as feathers, leaves, conkers and acorns. They also took photos of road signs, traffic lights and crossings. We were fortunate to have lots of parent helpers who joined us - thank you very much, we really appreciated your support.

Look out for the photos, we hope to share our budding photographer's work with you soon.

### Year 1

### SuperKid

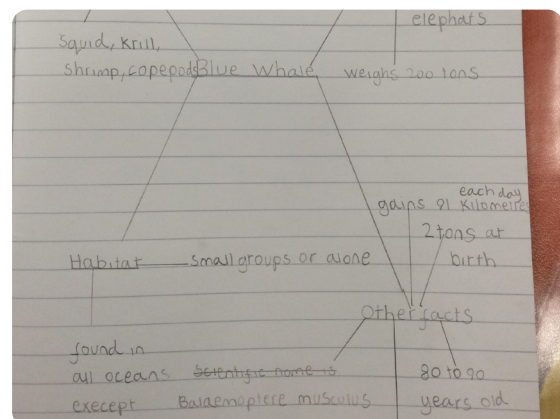
This week in English, Year 1 enjoyed the story 'SuperKid'. We used our imagination to draw ourselves as superheroes and we were able to describe their superpowers using ambitious adjectives!



### Year 2

### Whales

In English, Year 2 have been learning all about whales. We have created fantastic research maps using non-fiction books and the Internet in preparation for producing a super report about whales next week!



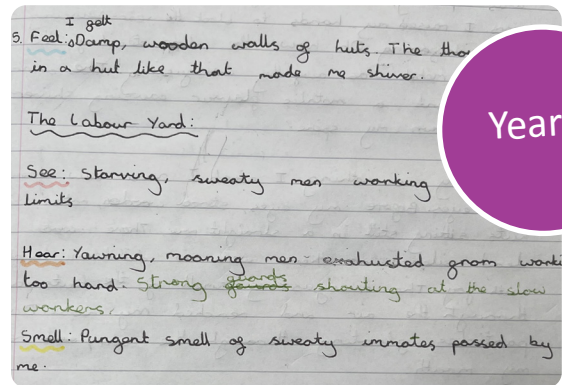
This week in English, Year 4 have been busy drafting and editing their poems. We have used fantastic vocabulary and poetic devices such as onomatopoeia, metaphors and personification in their work and will soon be rehearsing these!



## Sikhism

## The Boy in Striped Pyjamas

In English, Year 6 have been reading *The Boy in the Striped Pyjamas*. This has given us an insight into what life was like in concentration camps during WWII. We wrote a setting description using figurative language including similes and metaphors.







## International Evening

Thursday 13th October, 6pm-8pm

Food and Drink

Stagecoach

Traditional Indian Singing

Indian Classical Dance

Mr Anang playing Saxophone

Romanian Singing/Dance

Dhol Drumming



### Harrow Mental Health Support Team at Whitchurch Primary school



Who are we?

We are Education Mental Health Practitioners (EMHP), who work in schools supporting children and families with their wellbeing.



What do we help with?

#### Anxiety

Anxiety is a normal emotion and we all experience it occasionally, but it can be a problem when children feel worried a lot of the time or it stops them from doing things they want or need to do. We can help you to support your child to manage their worries and overcome their anxiety to face their fears.

#### Challenging behaviour

All children go through phases of testing boundaries, but sometimes they can behave in a way that is challenging to others and this persists for some time and becomes difficult for parents to manage. We can equip you with strategies to manage your child's behaviour and support them to communicate and express themselves in a more helpful way.



How does it work?

We work with parents as research shows that this is an effective approach for primary school-aged children. First of all we would meet with you for an assessment session, to find out about your child and what you would like support with.

After this, if we feel we are the right people to help, we would offer you approximately 6 sessions to support you to manage your child's anxiety or challenging behaviour. The sessions are called 'guided self-help', which means we help you to learn techniques to support your child, which you can then put into practice yourself.



What happens next?

If your school have already made a referral for you, then your EMHP will get in touch with you to book in an assessment.

If you haven't been referred but would like to be, speak to a member of staff at your child's school, and they will be able to help.






## OCTOBER HALF-TERM FOOTBALL CAMP

**MON 24TH OCTOBER TILL FRI 28TH OCTOBER**  
SCHOOL YEAR 1 TO SCHOOL YEAR 7

**TIMES: 10:00AM-4:00PM (9AM EARLY DROP OFF OPTION)**  
**PRICE: £25 FULL DAY / £12.50 HALF-DAY**

**EARLY BOOKING DISCOUNT APPLIES IF BOOKED BEFORE OCT 16TH**  
**EARLY DROP OFF AVAILABLE - 9AM TO 4PM**  
**BOOK NOW - WWW.THEHIVEFOUNDATION.COM**

Learn New Skills  
Make New Friends  
Keep Fit  
Increased Confidence  
Mini-Tournaments  
Player of the Day

ALL SESSIONS ARE HELD AT  
**THE HIVE LONDON, CAMROSE AVENUE, HA8 6AG**  
FOR MORE INFORMATION PLEASE CONTACT ON  
**020-8381-3800 (EXT. 1042) OR SHIRANI@THEHIVEFOUNDATION.COM**



## School Meals

## Autumn 1 Menu



WEEK ONE 05/09, 26/09, 17/10, 14/11, 05/12	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Tikka Masala, Rice, Naan Bread & Sweetcorn	Beef Meatballs, Tomato Sauce Spaghetti, Garlic Bread & Salad	Roast Chicken, Roast Potatoes, Fresh Vegetables & Gravy	Chicken & Sweetcorn Pizza, Potato Wedges & Baked Beans	Battered Fish Fillet, Chips & Mushy Peas
VEGETARIAN	Quorn Tikka Masala, Rice, Naan Bread & Sweetcorn (V)	Tomato & Basil Spaghetti, Garlic Bread & Salad (V)	Roast Quorn Steak, Roast Potatoes, Seasonal Vegetables & Gravy (V)	Margherita Pizza, Potato Wedges & Baked Beans (V)	Cheese Lattice Slice, Chips, & Baked Beans (V)
ALTERNATIVE	Tomato & Basil Pasta & Sweetcorn (VE)	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo	Neapolitan Pasta & Fresh Vegetables (VE)	Veggie Wrap with Tomato Topping & Salad (V)	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo
PUDDING	Chocolate Mousse (V)	Mixed Fruit Flapjack (V)	Jam Sponge & Custard (V)	Chocolate Cornflake Tart (V)	Vanilla Ice Cream (V)

WEEK TWO 12/09, 03/10, 31/10, 02/11, 12/12	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Burger, Diced Potatoes & Salad	Lamb Pasta Bake, Garlic Bread & Garden Peas	Toad in the Hole (Chicken Sausage), Roast Potatoes, Carrots & Gravy	Chicken Curry, Pilau Rice & Naan Bread, with Peas & Sweetcorn	Breaded Fish Fingers, Chips & Baked Beans
VEGETARIAN	Vegetable Burger, Diced Potatoes & Salad (V)	Macaroni Cheese, Garlic Bread & Garden Peas (V)	Roasted Quorn Steaks, Yorkshire Pudding, Roast Potatoes, Carrots & Gravy (V)	Mixed Vegetable Curry, Pilau Rice & Naan Bread, with Peas & Sweetcorn (V)	Grilled Cheese Sub with Salad & Coleslaw (V)
ALTERNATIVE	Spicy Tomato Pasta & Salad (VE)	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo	Tomato & Basil Pasta & Carrots (VE)	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo	Veggie Wrap in Tomato Sauce, Salad & Coleslaw (VE)
PUDDING	Cherry Shortbread Biscuit (V)	Fruit Crumble & Custard (V)	Chocolate Sponge & Custard (V)	Strawberry Jelly (VE)	Carrot Cake (V)

WEEK THREE 19/09, 10/10, 07/11, 28/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Sausage & Mash, Garden Peas & Gravy	Beef Bolognese, Pasta Shells, Garlic Bread & Salad	Roast Turkey, Roast Potatoes, Fresh Vegetables & Gravy	Shepherd's Pie, Peas, Carrots & Gravy	Fish Stars, Potato Wedges & Peas
VEGETARIAN	Quorn Sausage & Mash, Garden Peas & Gravy (V)	Tomato & Vegetable Pasta Bake, Garlic Bread & Salad (V)	Quorn Sausage, Roast Potatoes, Fresh Vegetables & Gravy (V)	Quorn Shepherd's Pie, Peas, Carrots & Gravy (V)	Vegetarian Nuggets, Potato Wedges & Peas (V)
ALTERNATIVE	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo	Neapolitan Pasta & Fresh Vegetables (VE)	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo	Tomato & Basil Pasta & Peas (VE)	Veggie Wrap with Tomato Topping & Peas (V)
PUDDING	Chocolate Brownie (V)	Fruit Mousse (V)	Apple Pie & Custard (V)	Milk Chocolate Cookie (V)	Sticky Toffee Pudding (V)

Each day we provide fresh fruit, vegetables, salad and bread. All our desserts are home cooked and this year we have considerably reduced the fat and sugar contents to support healthy eating.



School meals are £2 a day (2022/23)

Fresh vegetables served with every meal

Fruit, salad, bread and yoghurt are available daily



## Useful Contacts

Headteacher (Mrs C Rowley)

[head@whitchurchprimary.harrow.sch.uk](mailto:head@whitchurchprimary.harrow.sch.uk)

Deputy Headteacher (Mr M Thompson-Lawrie)

[mthompson-lawrie@whitchurchprimary.harrow.sch.uk](mailto:mthompson-lawrie@whitchurchprimary.harrow.sch.uk)

SEND Co-ordinator (Mrs D Qudsiyeh)

[senco@whitchurchprimary.harrow.sch.uk](mailto:senco@whitchurchprimary.harrow.sch.uk)

Assistant Headteacher for Early Years (Mrs R Ahmed)

[rahmed@whitchurchprimary.harrow.sch.uk](mailto:rahmed@whitchurchprimary.harrow.sch.uk)

Assistant Headteacher for Years 1, 2 & 3 (Miss G Harris)

[gharris@whitchurchprimary.harrow.sch.uk](mailto:gharris@whitchurchprimary.harrow.sch.uk)

Assistant Headteacher for Years 4, 5 & 6 (Mrs K Portou)

[kportou@whitchurchprimary.harrow.sch.uk](mailto:kportou@whitchurchprimary.harrow.sch.uk)

Year 1 Leader (Miss S Tezel)

[stezel@whitchurchprimary.harrow.sch.uk](mailto:stezel@whitchurchprimary.harrow.sch.uk)

Year 2 Leader (Miss G Harris)

[gharris@whitchurchprimary.harrow.sch.uk](mailto:gharris@whitchurchprimary.harrow.sch.uk)

Year 3 Leader (Miss N Lakhani)

[nlakhani@whitchurchprimary.harrow.sch.uk](mailto:nlakhani@whitchurchprimary.harrow.sch.uk)

Year 4 Leader (Mrs B Solanki)

[bsolanki@whitchurchprimary.harrow.sch.uk](mailto:bsolanki@whitchurchprimary.harrow.sch.uk)

Year 5 Leader (Mrs K Portou)

[kportou@whitchurchprimary.harrow.sch.uk](mailto:kportou@whitchurchprimary.harrow.sch.uk)

Year 6 Leader (Mrs S Chentouf)

[schentouf@whitchurchprimary.harrow.sch.uk](mailto:schentouf@whitchurchprimary.harrow.sch.uk)

Family Liaison (Mrs N Chikhliya)

[nchikhliya@whitchurchprimary.harrow.sch.uk](mailto:nchikhliya@whitchurchprimary.harrow.sch.uk)

Director of Music (Mrs E Leutfeld)

[eleutfeld@whitchurchprimary.harrow.sch.uk](mailto:eleutfeld@whitchurchprimary.harrow.sch.uk)

Music Department

[music@whitchurchprimary.harrow.sch.uk](mailto:music@whitchurchprimary.harrow.sch.uk)

Friends of Whitchurch

[FoW@whitchurchprimary.harrow.sch.uk](mailto:FoW@whitchurchprimary.harrow.sch.uk)

Childcare (Early Birds and Night Owls)

[childcare@whitchurchprimary.harrow.sch.uk](mailto:childcare@whitchurchprimary.harrow.sch.uk)

If you have any concerns or communications about your child, please speak to the class teacher in the first instance

### School Office

Tel: 020 8951 5380

[office@whitchurchprimary.harrow.sch.uk](mailto:office@whitchurchprimary.harrow.sch.uk)



## 2022-23 School Term Dates

### Autumn Term 2022

Autumn 1st	Monday 5 September to Thursday 20 October
Half Term	Monday 24 October to Friday 28 October
Autumn 2nd	Monday 31 October to Friday 16 December

Staff Training Days	Thursday 1 September, Friday 2 September & Friday 21 October (no children in school)
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### Spring Term 2023

Spring 1st	Tuesday 3 January to Thursday 9 February
Half Term	Monday 13 February to Friday 17 February
Spring 2nd	Monday 20 February to Friday 31 March

Staff Training Days	Friday 10 February (no children in school)
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Holidays  
during term  
time are **not**  
permitted

### Summer Term 2023

Summer 1st	Monday 17 April to Friday 26 May
Half Term	Monday 29 May to Friday 2 June
Summer 2nd	Tuesday 6 June to Friday 21 July

Staff Training Days	Monday 5 June (no children in school)
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Bank Holiday	Monday 1st May
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Term dates  
are posted  
on the school  
website